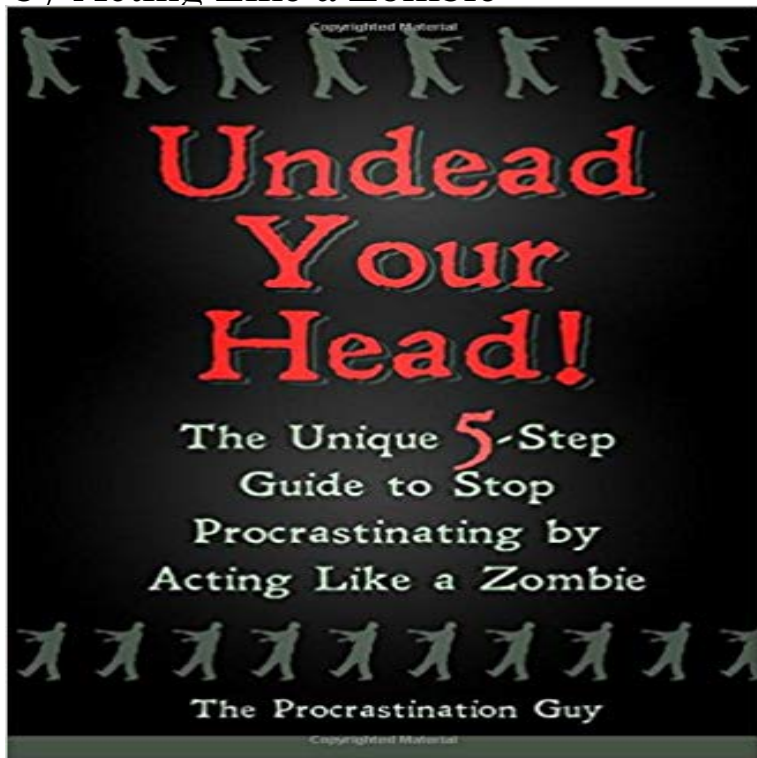


Undead Your Head!: The Unique 5-Step Guide to Stop Procrastinating by Acting Like a Zombie



In this funny but effective take on stopping procrastination in its tracks, The Procrastination Guy combines shambling horror with actual science to create a system that's truly the first of its kind: Undeading Your Head. Almost unbelievably, Undeading Your Head isn't a joke. It isn't a gimmick. You can actually stop procrastinating, build self-discipline, and dramatically improve your life by acting like a zombie (no, not the cannibalism part). Each step in this guide contains an Undead Case Study with Zach and Zoe Zombie and concise instructions on What to Think and What to Do. Here's a preview of the steps to Undeading Your Head: 1. Be a predator. 2. Always go for the brains. 3. Be mindless. ...and so on. What are you waiting for? It's time to Undead Your Head!

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