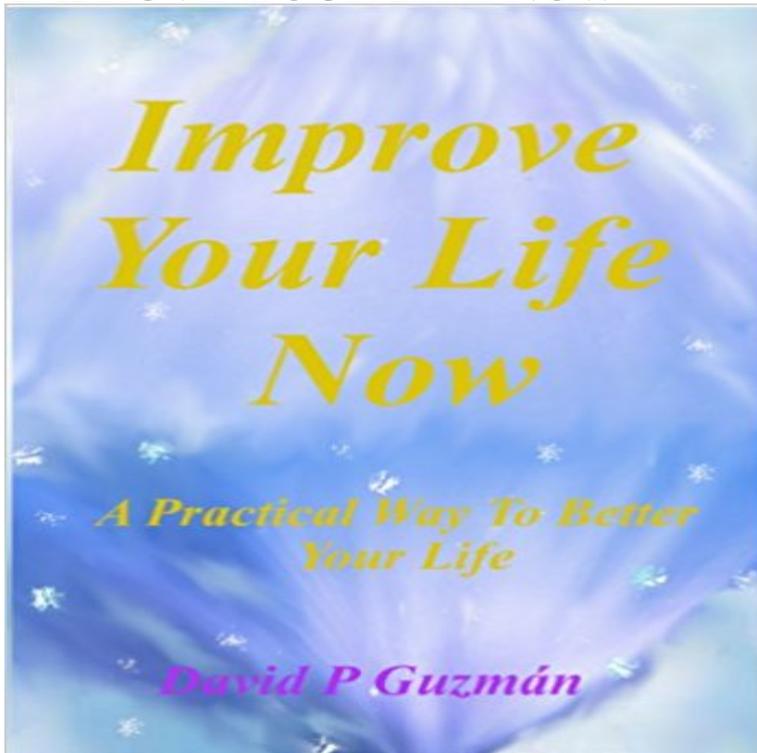


## IMPROVE YOUR LIFE NOW



For you who are searching for a convenient and direct way to improve your life in a functional way and without many detours or ambiguous explanations, I present this book here in a simple language, easy to understand and above all practical and functional that will give you results surprisingly rapid, with easy to do exercises that you can perform right from the moment that you are reading. You will learn what is the secret element that is key to incorporate so you can manifest whatever your desire is, as well as knowing what is the special music that you should listen to, achieving with it an automatic state of mental creativity. Undoubtedly one of the most effective techniques to increase your self esteem and motivation to succeed, is the mirror technique, which has been used by a great deal of successful people which I will explain in detail so you can use it to your advantage. This book contains philosophical themes that you will understand without problems since they are explained in such a way that you can meditate and deepen at your level, concepts such as energy, the universe and harmony that are key in our daily life, because if you understand and handle them in your favor you will live a life of peace and happiness. You will understand and realize the reason and origin of your current situation and be able to learn the method to break and leave it behind to a better life that you can choose, recognizing and applying your power to change your bad habits, establishing and putting to function under your control habits of success and abundance. You will learn to set and establish short and long-term goals and you can also develop conscious control of your body and mind through relaxation, meditation and visualization, so you can see manifested in this world your deepest desires. Here you will find a great deal of statements that will make you reflect and get to the point of making the decision that

you can achieve what you set out to accomplish, applying the concepts explained here in detail and the price of how to achieve it, which I assure you is not economical. Regardless of the origin, religion, age or race you are, you were born with the right to choose to be happy, all you have to do is to make good use of the natural tools to your advantage, so you can control the energy and the natural laws consciously that will allow you to reach the success you are looking for. The most important and the principle objective of this book is that you reach the place in life that you deserve and that you had struggled to achieve, but above all, that by doing so you feel happy and comfortable with yourself and live with peace and harmony in your heart.

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