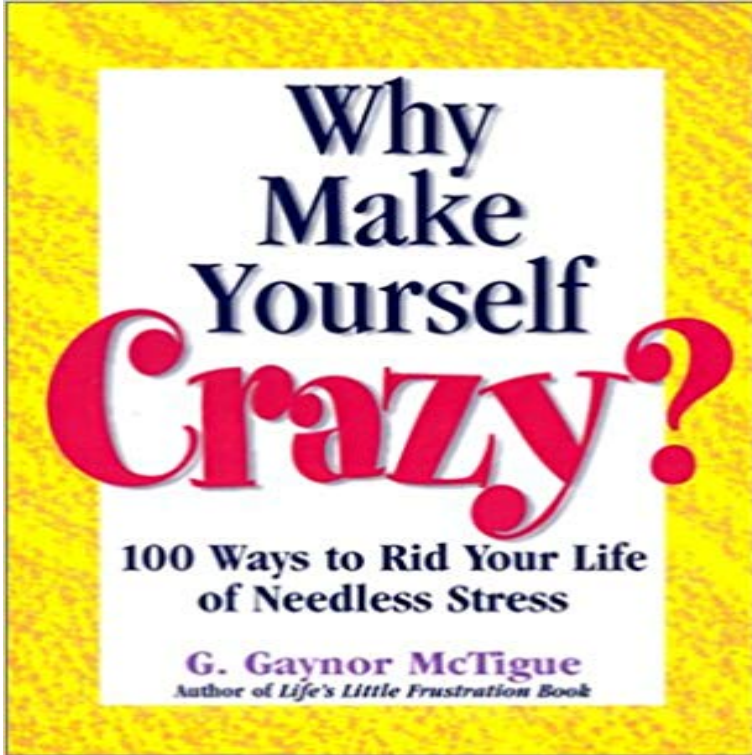


Why Make Yourself Crazy?: 100 Ways to Rid Your Life of Needless Stress



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