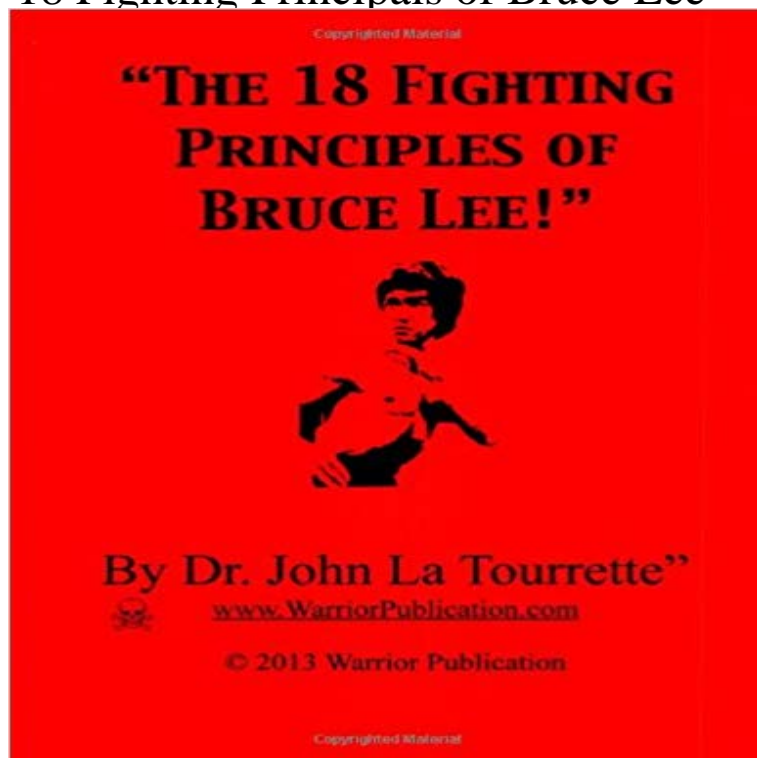


18 Fighting Principals of Bruce Lee



18 Fighting Principles of Bruce Lee is done by Dr. John La Tourrette who is the Only Hall of Fame Grand Master that is Sport Psychologist (A Mind Coach). He actually went back and broke down Bruce Lees Principals and studied them in detail analysis to see what he really did and wrote this complete How To book without any fluff on Bruce Lees Fighting Principles. A Taste of What you Will Learn: * This is some of the most detailed information you will find on the market. Dr. La Tourrette Breaks down that there are only 4 Type of Fighters in the world. If you know these 4 types as Bruce Lee did you can beat your opponent at will. (Page 13) The number one attack sequence that works on all fighters. (Page 11) Bruce Lees most lethal and fastest technique he trained in (Page 14) How Bruce Lee used Mind Control to give him the winning Edge in combat (Page 19) * Plus much, much more!

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