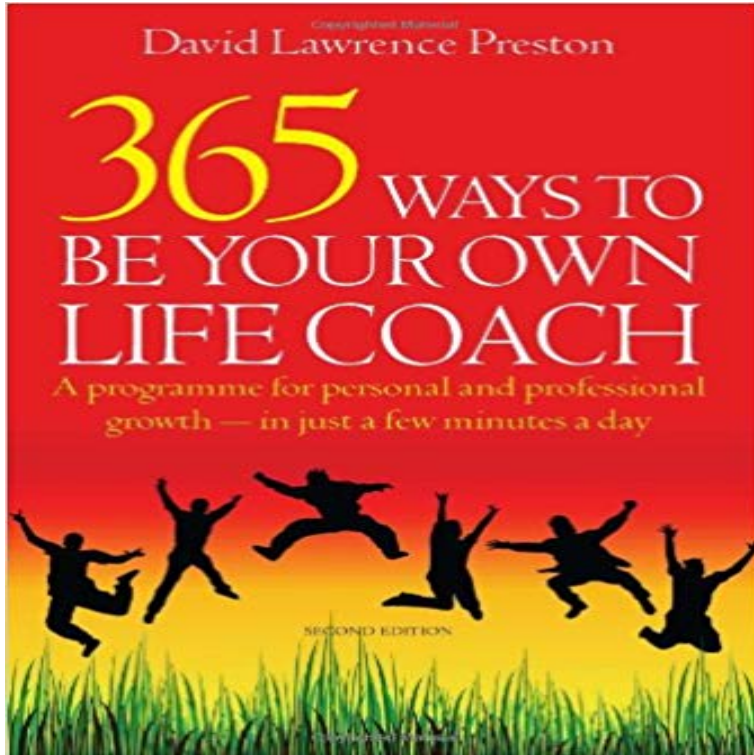


## 365 Ways to Be Your Own Life Coach: A Programme for Personal and Professional Growth - in Just a Few Minutes a Day



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