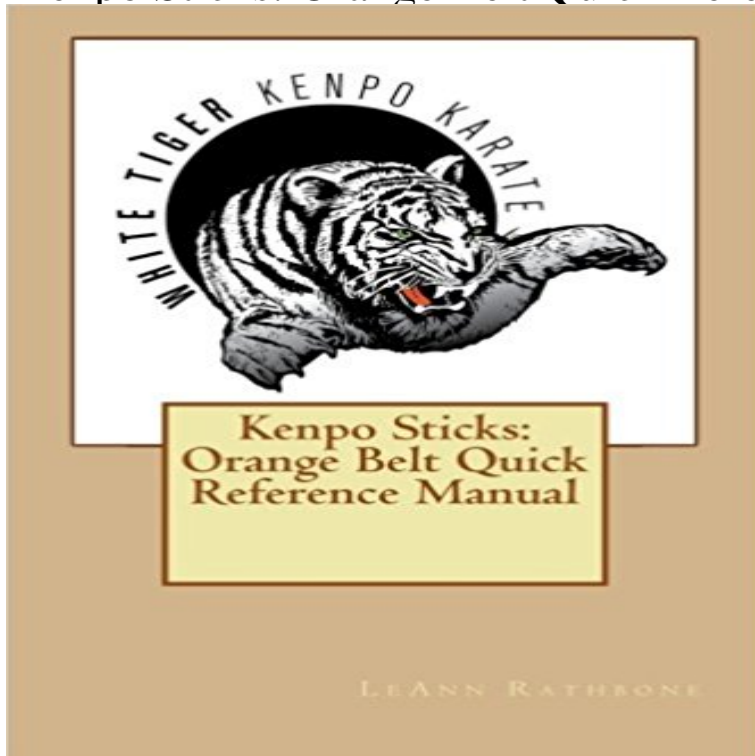


## Kenpo Sticks: Orange Belt Quick Reference Manual



No more going home wondering until the next lesson, What was that move he showed me after the front kick? Our Resources of Video Tapes and Manuals are designed to teach you all of the material in White Tiger Kenpo from Yellow Belt to Black Belt and beyond. This manual contains the basics that are needed to get start Kenpo. There are step by step instructions with colored pictures. For more information please visit us at [www.KenpoJujits.com](http://www.KenpoJujits.com) We are devoted to assist instructors to have complete information to teach, and to the students who have been relocated away from their personal instructors. Additionally, you will retain more information than you can get in an actual school by always being able to have materials to study from. No more going home wondering until the next lesson. This manual will give you step by step directions on our first level of Orange Belt Sticks. This is a quick reference manual so there are no pictures.

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