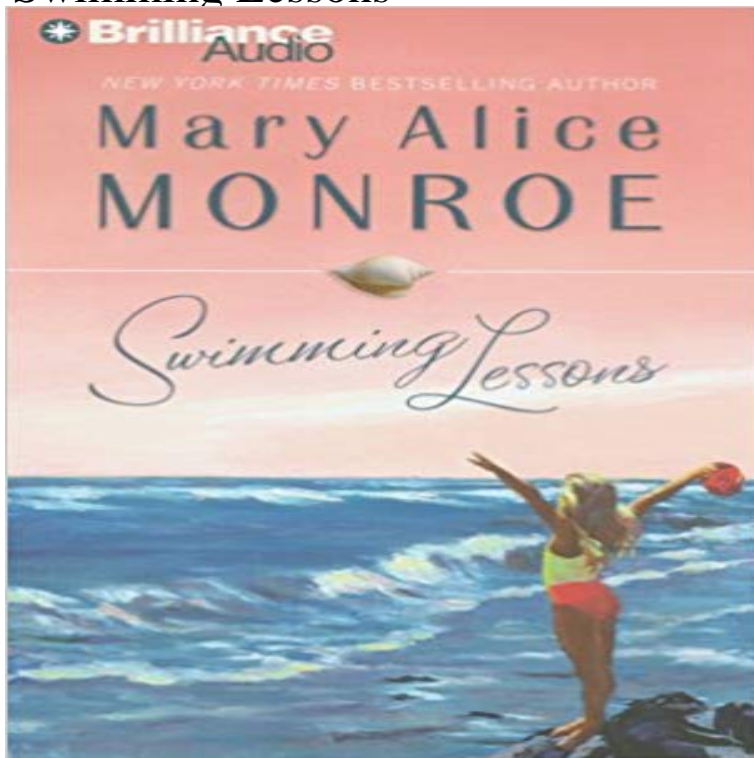


Swimming Lessons



It's been five years since the original turtle lady, old Miss Lovie Rutledge, passed away, but her legacy lives on with some special women, especially Toy and her daughter, young Little Lovie. Toy Sooner kept her graveside vow to her beloved mentor. She left behind an abusive, dysfunctional lifestyle to become a strong single mother and aquarist at the South Carolina Aquarium. But success has taken its toll, leaving Toy fearful of change and risks. Caretta Rutledge, Florence Prescott and Emmaline Baker have all experienced loss. This summer, with each other's friendship and support, they will try to make their dreams a reality. The turtle season begins the day Toy rescues a sick sea turtle on the beach. When Toy brings the loggerhead to the aquarium, she begins a turtle hospital with the help of her boss, Ethan. As the summer progresses and the sea turtles take their measured steps toward healing and freedom Toy, Cara, Flo and Emmi must find their own strength to face their fears and move courageously toward their futures. Mary Alice Monroe delivers another deeply satisfying novel written with an eye to nature and keen insights into the connections between women.

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Swim Lessons - YMCA of Middle Tennessee The YMCA offers swimming lessons and swimming classes for all ages, family swim, competitive swimming, and many kinds of adaptive swim programs for kids **Swim Lessons - Berkeley - Berkeley Rec Sports** As America's Swim Instructor, each year the Y teaches more than a million children water safety and swimming skills. We offer swim lessons for all ages that **Swimming Lessons City of Albuquerque** Sign up for swim lessons, including parent/child, preschool, youth and adult swim lesson classes. **Swim Lessons YMCA Twin Cities** Hamilton Mill Class Level Descriptions. INF/TOT Infant/Toddler (6 mo-3 years). Parent and child participate in water adjustment, safety and basic skill activities. **Swim Lessons YMCA Dallas** Knowing how to swim improves your health, fitness, and safety. To help teach New Yorkers how to swim, Parks is offering free swimming lessons for people

of all **News for Swimming Lessons** The YMCA of Greater Cincinnati offers swim lessons for children and adults of all ages. Enroll your child in a class and improve your own swimming skills! **Swim Classes & Swim Lessons Aquatics YMCA of Austin Austin** Level 6 SEALS Based on swim ability. PRIMARY FOCUS: TEMPO This Intermediate class helps students develop efficient coordination in the arms, legs, **Swim Lessons Gateway Region YMCA** The YMCAs swim lessons use a variety of fun methods to help kids overcome fears, build confidence in the water and develop skills that last a lifetime. Qualified **Swimming Lessons - Broward County!** Find swim lessons in your area. With classes for infants to adults, the Red Cross can help you can help you learn to swim and gain confidence in the water. **Swim Lessons Take Swimming Classes American Red Cross** Swim lesson registration for session 1 begins May 1 at all recreation centers and North Shore Aquatic Complex during normal business hours. Session 1 **Swimming Lessons YMCA of Greater Cincinnati** The Cumming Aquatic Center offers group swim lessons year-round in our indoor instructional and competition pools. **Hamilton Mill Swim Lessons ~ SwimAtlanta - Dacula** Y swim instructors are nationally certified. Their training includes CPR, AED, First Aid and Oxygen Administration. Swim lessons provide important life skills that **Swimming at the YMCA YMCA Twin Cities** Swimming Lessons. Please Note On the first day of lessons, all children will be pre-tested and placed in groups according to their skill level. Upon completion **Swim Lessons & Aquatics YMCA Twin Cities** The YMCA Swim Lesson Curriculum is a core group of aquatic skills every person needs to be safe around water. As the foundation of our program, these skills **Swim Lessons YMCA of Greenville** Swim Lessons Infants, kids, teens and adults can participate in Swim Lessons. Choose from day, evening and weekend swimming class schedules designed. **Swim lessons wont keep your toddler from drowning.** The City of Sacramento Parks & Recreation Aquatics section offers a variety of swim lessons during the summer season that cater to various skill levels and **Swim Lessons - Cumming Aquatic Center** Learn to swim with group lessons Summer Swim Sessions & Pricing Find what best fits your schedule with sessions starting throughout the summer. **Swim Lessons - YMCA of Greater Houston** Class Objective: This class is perfect for little fish swimming for the first time without Mom or Dad! The emphasis is on having fun, getting comfortable in the water, **Swim Lessons - City of Sacramento** A few things to keep in mind to get the most out of swim lessons. First, learning to swim is progressive. Usually, it takes more than one session before a child or Aquatic Volunteers Needed. If youre 13 years or older, we could use you as a volunteer assistant in our swim lessons. Contact Aquatics Director. **Swimming Lessons West Valley City, UT - Official Site** This class is for those who have not had swimming lessons before or who are not comfortable in the water. Basic swimming and water safety skills are taught in a **SWIM LESSONS HOME - Tampa Metropolitan Area YMCA** Discover the life skill of learning to swim with the award winning CSD Aquatics swim lesson program. **Swim Lessons For Infants, Toddlers, Adults, & Special Needs Swim Lessons Cosumnes CSD Elk Grove & Galt, CA** Swim Lessons A natural progression promotes safe and effective swimming for all ages from infants learning to love the water to advanced swimmers. **City of Mesa : Swimming Lessons** YMCA swim lessons have options for the whole family. Swimming builds self-confidence and develops the whole person spirit, mind and body. **Swim Lessons - YMCA of Metro Atlanta** Updated Swimming Curriculum 2017. Attention parents: There is a new swimming lesson curriculum as of Spring 2017. Download the swimming lessons memo. **Lakeland Hills Family YMCA - Swimming Lessons Swim Lessons - Donelson-Hermitage Family YMCA** No matter what your level, all of our classes are taught in a comfortable, supportive environment. Swim Lessons Beginner Learn freestyle, backstroke and